

Home – Nursery Toilet Training Agreement

When you feel your child is ready for potty training, we ask that you discuss this first with your child's key person. We will follow through and encourage your child while in nursery. Potty training will be done in a relaxed manner with the cooperation of the family. We require that the child be at least 18 months of age and **must also** show signs of readiness (Please read the Potty Training Readiness Checklist below). Positive reinforcements and consistency must be continued at home.

Proper Clothing

During potty training your child needs to be dressed in "User friendly" clothing as much as possible. The best items are shorts and pants with elastic waist. Please don't dress your child in the following:

- No tight clothing
- No shirts that have poppers in the crotch
- No trousers with buttons & zips
- No dungaree type clothing
- No belts
- No one piece outfits

The clothes listed above can make it difficult for your child to reach the potty in time. Your child also needs to be able to pull his/her pants up and down and these items will hinder your child's ability to do so.

Required Supplies

The following items are to be left at nursery and replaced as needed. Soiled clothes will be returned in a plastic bag at the end of the day.

A minimum of seven (7) changes of clothing including socks (an extra pair of shoes if available) these include tops, pants, knickers, etc – you will be notified when the supply is running low.

Potty Learning Schedule

For the first week, the child will be scheduled to use the Potty at consistent times of the day whether the child indicates the need to use the Potty or not.

- Upon arrival at nursery
- Before and after snack times
- Before and after outdoor play
- Before and after meals
- Just before going home

Potty Training Readiness Checklist

Verbal Stages of Readiness

Basic verbal skills. The child is able to speak in three to four word sentences.

- Stage 1 The child tells you he/she has a wet nappy, recognised when he/she is wet.
- Stage 2 The child tells you he/she is wetting, recognises the sensation of being wet.
- Stage 3 The child tells you he/she will wet, can control himself and uses the potty.

Physical and Psychological sign of readiness

1. Stays dry for a long period of time (the child is able to “hold” his/her urine and bowel movement).
2. Can recognize when nappy is wet or soiled.
3. Has bowel movement at regular times (child chooses when to move its bowels)
4. Adult can recognise when child is moving his/her bowels (Child is deliberately moving bowels)
5. Can undress and pull up his/her own pants (Important because this is the responsibility of the child not the caregiver)
6. Initiates interest in using the potty and asks to wear underwear.
7. Wants to be independent which is very important for the learning process.
8. Child is emotionally ready and is open to learning (is child generally cooperative?)
9. Child has an awareness and knowledge of the world beyond himself. (This sign may seem unrelated to Potty training, but it is a behaviour that has been seen in children ready to use the Potty)
10. Can follow three and four step instructions (this is critical for learning to urinate or move bowels, wipe himself and wash hands)
11. Can use consistent words or gestures to communicate.
12. Is able to physically get to the potty and sit on it without help.
13. Must show a willingness to want to sit on the potty and understand its function.

Potty Training Policy Agreement

I have ready the Potty Training Policy in its entirety and I agree to abide by the policy set forth.

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| Childs Name | |
| Parent/Guardian Signature | Date |
| Key Worker/Manager Signature | Date |