

Biting Procedure

Grass Roots Nursery Group: Biting Incidents

Purpose:

To outline procedures for addressing biting incidents at Grass Roots Nursery Group, promoting a safe and supportive environment for all children.

Key Principles:

- **Understanding and Support:** We understand that biting is a common developmental stage and offer support to both the biting child and the child who is bitten.
- **Individualised Approach:** We will work with each child and family to identify underlying causes and develop appropriate strategies.
- **Safety and Well-being:** Prioritise the safety and well-being of all children.
- **Confidentiality:** Maintain confidentiality regarding biting incidents.

Procedures:

1. **Identifying Causes:**
 - Observe the child who bites to identify potential triggers or underlying issues.
 - Work with parents to understand the child's development and behaviour.
2. **Preventative Measures:**
 - Implement strategies to address potential triggers, such as altering routines, providing additional attention, or offering sensory resources.
 - Monitor the child closely and intervene if necessary.
3. **Responding to Bites:**
 - Comfort and support the child who has been bitten.
 - Administer first aid as needed.
 - Document the incident and notify parents/carers.
 - Maintain confidentiality of the children involved.
4. **Addressing the Biting Child:**
 - Remove the child from the situation and explain why biting is unacceptable.
 - Use age-appropriate language and techniques.
 - Develop strategies to help the child manage their emotions and impulses.
5. **Ongoing Support:**
 - Work closely with parents and the child's key person to address the biting behaviour.
 - Consider seeking additional support from professionals, if needed.

Additional Considerations:

- **Teething:** Acknowledge that teething can contribute to biting and provide appropriate comfort measures.
- **Frustration and Stress:** Address underlying factors such as frustration, stress, or attention-seeking behaviour.
- **Positive Reinforcement:** Reward positive behaviour and model appropriate ways to express emotions.
- **Review and Evaluation:** Regularly review the effectiveness of strategies and make adjustments as needed.