

Week 1

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>
Morning Snack	<i>Ricecakes with Sliced Fruit</i>	<i>Melon Slices</i>	<i>Homemade Granola & Greek Yoghurt (DF available)</i>	<i>Fruit Platter</i>	<i>Melon Slices</i>
Lunch	<i>Cauliflower & Chickpea Korma Served with Naan Bread & Onion Bhaji (GF available)</i>	<i>Lentil & Mushroom Hotpot Served With Assorted vegetables</i>	<i>Turkey & Spinach Bolognese Vegetable & Spinach Bolognese (V) Served with Corn on the Cob</i>	<i>Bangers & Mash Served With Assorted vegetables</i>	<i>Salmon & Pea Pasta (DF & GF available) Spring Vegetable Pasta (DF & GF available) Served with Garlic Bread (DF & GF available)</i>
Afternoon Snack	<i>Homemade Cinnamon Buns (VG)</i>	<i>Homemade Cake (VG)</i>	<i>Homemade Biscuits (VG)</i>	<i>Cheese & Crackers (DF & GF Available)</i>	<i>Homemade Flapjack (VG)</i>
Dinner	<i>Stuffed Jacket Potatoes (DF available) Served with Homemade Coleslaw</i>	<i>Homemade Cheese & Onion Pasties</i>	<i>Homemade Pizza (DF & GF available)</i>	<i>Homemade Hummus Served with Vegetable Sticks & Pita Bread (GF Available)</i>	<i>Homemade Soup (VG) Served with Crusty Bread (GF Available)</i>

During meals and snack times children will have the option of milk or water

We support baby-led weaning. Weaning food is made in house, using fresh ingredients as part of a balanced & nutritious diet. Weaning foods are tailored to suit every individual's needs and dietary requirements.

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>
Morning Snack	<i>Homemade Granola Bars</i>	<i>Ricecakes with Sliced Fruit</i>	<i>Melon Slices</i>	<i>Summer Fruit Platter</i>	<i>Roast Peaches with Greek Yoghurt (DF Available)</i>
Lunch	<i>Lentil & Tomato Lasagna Served with Corn on the Cob</i>	<i>Salmon Fishcakes (DF) Sweetcorn & Red Pepper Fritter (V) Served with Peas and New Potatoes</i>	<i>Mixed Bean Enchiladas Served with Rice</i>	<i>Chicken & Vegetable Red Thai Noodle Curry Red Thai Vegetable Noodle Curry (V)</i>	<i>Toad in the Hole (DF & GF Available) Served with mashed potatoes & Vegetables</i>
Afternoon Snack	<i>Cheese & Crackers (DF & GF Available)</i>	<i>Homemade Blueberry Muffin (VG) (GF Available)</i>	<i>Homemade Flapjack (VG)</i>	<i>Yoghurt Cake (DF available)</i>	<i>Homemade Cake (VG)</i>
Dinner	<i>Ploughman's platter (VG & DF Available) Served with Crusty Bread (GF Available)</i>	<i>Homemade Soup (VG) Served with Crusty Bread (GF Available)</i>	<i>Stuffed Jacket Potatoes (DF available) Served with Homemade Coleslaw</i>	<i>Homemade Pizza (DF & GF available)</i>	<i>Vegetable Sushi</i>

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Week 3

	Monday	Tue.Sday	Wedne.Sday	Thur.Sday	Friday
Breakfast	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>	<i>Selection of Healthy Cereals and Milk GF & DF available</i>
Morning Snack	<i>Homemade Granola & Greek Yoghurt (DF available)</i>	<i>Summer Fruit Platter</i>	<i>Ricecakes with Sliced Fruit</i>	<i>Melon Slices</i>	<i>Fruit Platter</i>
Lunch	<i>Roast Chicken Dinner Chickpea Meatloaf (V) Served with Roast Potatoes & Vegetables</i>	<i>Lentil & Apricot Dahl Served with Rice & Onion Bhajis</i>	<i>FishPie (DF Available) Roast Stuffed Peppers (V) Served with Assorted Vegetables</i>	<i>Potato, Cheese & Onion Wellington (DF & GF available) Served with Mixed Vegetables & Homemade Baked Beans</i>	<i>Broccoli Cheese Pasta Bake (DF & GF available) Served with Corn on the Cob</i>
Afternoon Snack	<i>Banana Bread (GF Available)</i>	<i>Homemade Cinnamon Buns (VG)</i>	<i>Cheese & Crackers (DF & GF Available)</i>	<i>Homemade Flapjack (VG)</i>	<i>Homemade Parkin (VG)</i>
Dinner	<i>Homemade Beans on Toast (GF Available)</i>	<i>Stuffed Jacket Potatoes (DF available) Served with Homemade Coleslaw</i>	<i>Selection of Sandwiches (DF & GF available) Served with Vegetable Sticks</i>	<i>Homemade Pizza (DF & GF available)</i>	<i>Scrambled Egg (DF) Served with Toasted English Muffin (GF Available)</i>

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